



# reaching out

Vol. I, No. 1

Published by the Staff & Board of By Their Side, Inc.

Summer 2009

## **WELCOME to the first publication of the By Their Side newsletter, “reaching out”.**

It has been a year since the Maryland Trust for Retarded Citizens officially changed its name to By Their Side. The program you’ve been familiar with for many years has not changed—just the name. Our mission continues to be one of providing lifelong advocacy for Marylanders with developmental disabilities.

There have been changes on our Board and our staff this past year, and we have been fortunate to find professional staff and board members to better serve individuals in our program.



**Marsha Carow** joined the Board of Trustees of the Maryland Trust for Retarded Citizens in 1998. Marsha was elected to the position of Chairman of the Board in July 1999. During her tenure, the organization went from a legal trust to a non-profit charitable 501(c)3 corporation using the name MTRC, Inc. The Board of Trustees became the Board of Directors and Marsha became the first President of this newly created corporation.

Also during this time, the program’s investment account was moved to Deutsche Bank Alex. Brown to further ensure financial stability. As a Licensed Clinical Social Worker, Marsha worked with our Personal Advocates to create an advocacy program that will continue throughout the lifetime of the individuals we serve. The latest challenge was the completion of the change of our name to By Their Side. Marsha worked diligently with the Board and the creative firm, In-cite Creative, to bring this project to completion.

Marsha has decided that after 10 years, it’s time for a new leader to come forth. Although she will no longer be President, she will remain a viable member of our Board. Our sincere appreciation to Marsha for her many years of work on behalf of our program.

## **Martin Lampe Elected Board President**



**Martin Lampe** joined the Board in 2006 and will serve as President this year. Martin is very experienced in this role as he recently served as President of The Arc of Prince Georges. He continues to work with The Arc and has been a strong supporter of Special Olympics. He lives in PG County with his wife, Barbara, and son, Will. Martin has worked for 40 years at the Naval

(Cont’d on Page 2)



### **Lifelong Advocates for Marylanders with Developmental Disabilities**

#### **Executive Committee:**

Martin Lampe, President  
Jeffrey A. Dahlka, Sr., Treasurer  
Kimberly Knapp, Secretary  
Marsha Carow, Immediate Past President

#### **Administrative Staff:**

Beverly Rill, Executive Director  
Laurie Dahlka, Admin. Asst.

#### **Board Members:**

Jonathan Acton, Esq.  
Patricia Davis  
Victoria L. Grace, Esq.  
Craig Hebert  
Joan B. Kolobielski  
Colleen Sinclair Prosser, Esq.  
Margaret M. Ulle  
Mark Wagner

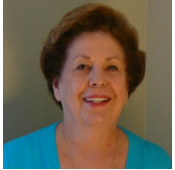
#### **Personal Advocates:**

Leonard Cohen  
Mary Jeanne Farley  
Marilyn Folus  
Luanne Frebertshouser  
Linda Golob  
Kathy Vecchioni

(Bd of Directors Cont'd)

Research Lab in Washington, DC, where he is currently one of a small number of senior Scientists. Martin's writing skills were immediately utilized during the process of rewriting our new literature after the program's name was changed. The By Their Side program is indeed fortunate to have such a skilled and experienced person to follow Marsha's term as President.

### Please Welcome New Board Members



**Patricia Davis** joined the Board in November 2008. She is President of Premium Energy Solutions and lives in the Crofton area. Pat is a member of the board of Chesapeake Neighbors Arc of Anne Arundel County. With her experience in Power Point presentations, Pat has chosen to join the board's Public Relations Committee to help spread the word about our program.



**Craig Hebert** joined the Board in November 2008. He is with Summit Financial Services and previously was a program manager at an adult day program for individuals with developmental disabilities. Craig joined the board's Finance Committee to help with decisions that will assure continued future services. Craig lives with his wife and children in Sykesville.



**Mark Wagner** joined the Board in April 2009. Mark recently retired as a Vice President of Special Olympics, International and now actively volunteers for By Their Side and several other non-profits. Mark was on the faculty of the University Maryland, Dental School for 33 years and is Professor Emeritus. He and his wife, Marcia, live in Pikesville. We quickly put Mark to work on the board's Membership Development and Education Committees. He and Martin were instrumental in getting By Their Side information to families at the Special Olympics in June.

## News from our Personal Advocates

It is with pleasure that we introduce to you our new Personal Advocate, **LINDA GOLOB**. Linda joined the By Their Side team in April 2009. She has been involved with individuals with developmental disabilities since 1970 when she started as a case manager at Rosewood Center. From 1990 to 1999 she was a Senior Service Coordinator with Service Coordination in the Baltimore/Towson area. Linda continues to reside in the Baltimore area where she raised two children.

Knowing how the Personal Advocates assist individuals in different situations may help you in deciding a level of support for your relative. This is the first in a series of articles illustrating the levels of service.

### **Frank's Story** by Kathy Vecchioni, Personal Advocate

At the Supplemental Services level, a Personal Advocate can be a safeguard as well as helping to represent the individual's and family's preferences. "Frank" receives DDA funded day and residential supports. His parents completed a By Their Side profile and Letter of Intent many years ago, which have been invaluable in guiding our advocacy. They planned that Frank's Trust would hire a visitor to take him out twice a month. I regularly contacted his Trustee to discuss progress and offer assistance in identifying a visitor. A visitor was found to take him to church, out to lunch, and other seasonal activities. Unfortunately, the visitor recently moved away so I'm once again assisting the Trustee with identifying another to take his place. Providing advocacy and assistance is an ongoing process.

Frank's staff are clearly very caring but with changes over time some information was lost. When I met Frank, he was not wearing specialized shoes and he was missing a favorite game following his recent hospitalization and change to a new home. After talking with his staff, they arranged these purchases, as well as addressing overdue dental treatment identified during a recent file review. At Frank's team meeting, I suggested his Psychiatrist be consulted to reduce his psychotropic medication since it had been determined that Frank's prior behavior was related to pain resolved by surgery. This change was made, and Frank continues to be doing very well, with the assistance of many team members.

**To hear more about this story and others from our Personal Advocates, join us at this year's ANNUAL SPONSORS MEETING AND LUNCHEON, on Saturday, November 7, 2009.**

## By Their Side Application Fee to Increase in 2010

The By Their Side Board of Directors reviewed the actuarial data this past year and determined it is time to increase the application fee for the program. Effective January 1, 2010, the application fee will increase to \$2,200. This is the first increase in the fee since 1989. Our goal has always been, and will continue to be, to operate the program as prudently as possible while maintaining a level of security to ensure the stability for future needs. It is estimated that the fee will increase approximately 10% annually for the next five years.

**Now is the time to join.** Pass the word on to friends and neighbors who have a family member with developmental disabilities. Call the By Their Side office for an application.

## CONTRIBUTION UPDATE

### GENERAL DONATIONS

Harry Benoit  
 Carleton & Avis Brown  
 Alise S. Burriss  
 Mr. & Mrs. David Cacciaglia  
 Marsha Carow  
 Dennis Chekan  
 Paul & Janet Ciesielski  
 Mr. & Mrs. Charles Culbertson  
 Jeff & Laurie Dahlka  
 Edith G. Daman  
 Robert & Hermina Dunker  
 William & Ruth Eicher  
 Richard & Joan Fidler  
 Hilda Fishback  
 Jeffrey & Katherine Fones  
 Bill & Maxine Hamilton  
 Jean Hamilton  
 Mike & Mary Harris  
 Adelina S. Johnson  
 William E. Justice  
 James & Wen-Min Kao  
 Joan Karasik  
 Jerome & Rita Katz  
 Clinton L. Kelly  
 J. Richard & Carol Krout  
 Martin & Barbara Lampe  
 John & Charlotte Meekins  
 Stephen Nyschot  
 Melissa Paddock  
 Albert Pollin

Colleen Sinclair Prosser, Esq.  
 George & Karol Rubenstein  
 John Thomas  
 Marge Ulle  
 Jack & Stephanie Ventura

### ACTIVE CLIENT ADVOCACY FUND

Mr. & Mrs. Richmond Allan  
 Marie J. Ceraulo  
 Helen B. Dance  
 Dick & Sandy Depkin  
 Janet Farbstein  
 William Hagar  
 Esther M. Hoffman  
 Cheryl A. Jervis  
 Judy Karasik  
 Martin & Barbara Lampe  
 Mr. & Mrs. James Summers  
 Kathy Vecchioni  
 James & Jeanne Walsh  
 William D. & Salli J. Ward  
 Harvey & Marion Yurow

### IN HONOR OF . . . .

Kasia Bialek, given by Janka Bialek and Andi Hobbs  
 Bucky Buchanan, given by Anne & Bill Buchanan  
 Ronnie Chapman, given by Mr. & Mrs. Terry Chapman

David Eicher, given by Bill & Ruth Eicher  
 John Gould, given by Susan Brome  
 Conrad Haffmans, given by Felicia Haffmans  
 Tom Franz, given by D. Anne O'Malley, Trustee  
 Karin Gibson, given by James & Gloria Gibson  
 Aric T. Greenberg, given by Edith & Norman Greenberg  
 Stephanie Hoffman, given by Mr. & Mrs. Stephen Hoffman  
 Richard Montgomery, by Harry & Karen Montgomery  
 Allen Schwartz, given by Morton B. Prince  
 Mike Smith, given by Margaret S. Wilkes for being a great brother!  
 Douglas Wagner, given by Mark & Marcia Wagner

### IN MEMORY OF . . .

Mary Cliff Buchanan, given by Dorothy Fiskschenscher  
 Ethel A. Dailey, given by Mildred Dailey Miller  
 Julian & Susan Ederer, given by Fred & Hilda Ederer  
 Doris Ann Eisel, given by The Eisel Family

Betty & Alvin Ford, given by L. David Ford  
 Ben & Edith Gould, by Susan G. Brome  
 Eleanor Grimm, given by William F. Grimm  
 Hazel Harris Humphrey, by Jerome Humphrey, Sr.  
 Georgia George, given by Kim & Joe Knapp  
 Judge Robert S. Heise, husband, father, and brother, in loving memory by Mrs. Robert S. Heise  
 Charles & Jeannette Hamilton, by Monica D. Kelly  
 Richard Kolchin, given by Beatrice Kolchin  
 Maria-Waid Lechner, given by Thomas Lechner  
 Gloria Lepak, given by Joseph W. Lepak  
 Thomas Novotny & Jeanne Novotny, given by Mr. & Mrs. John McIntire  
 Kadee Perry and Clarence Haines, given by Luanne & Bob Frebertshauser  
 Aglaia & Harry Tseronis, given by Laura & Gus Tseronis  
 Mr. & Mrs. Stephen J. Zaklan, by Dennis & Cynthia Zaklan

## To Benefit By Their Side:

Consider By Their Side when making your charitable contributions. Enclosed is my tax deductible contribution, made payable to By Their Side, to be used for the following purpose:

\_\_\_\_\_ **ACTIVE CLIENT ADVOCACY FUND**

\_\_\_\_\_ **GENERAL FUND**

\_\_\_\_\_ **OTHER PURPOSE**

\_\_\_\_\_ **I do not want my name printed as a Contributor in our newsletter.**

**My Gift is in:**     **Memory of** \_\_\_\_\_ **(name)**

**Honor of** \_\_\_\_\_ **(name)**

\_\_\_\_\_ **(occasion)**

By Their Side is a 501(c)3 charity and donations are tax deductible. A copy of our current financial statement is available upon request by contacting our office. Documents and information submitted to the state of Maryland under the Maryland Charitable Solicitation Act are available from the office of the Secretary of State for the cost of copying and postage.

## By Their Side Announces Plans for the Annual Sponsors Meeting and Luncheon

The Annual Sponsors Meeting and Luncheon will be held on Saturday, November 7, 2009, at 10:00 a.m., followed by a luncheon at noon.



Victoria Grace, Esquire, presented information on Special Needs Trusts at last year's meeting.

Last year's program was very well received by those attending and included presentations from representatives at Social Security, Service Coordination, and the legal profession.

This year's program will answer your questions about the role of the By Their Side Personal Advocate. What do the Personal Advocates do on their visits? Can you use the services of the Personal Advocates now while you're still here? How can we help you navigate the system? Our Personal Advocates will answer your questions about how they work with the agencies providing services for your family member. There will also be one on one time for you to talk with the staff. In addition, the By Their Side Directors will answer your questions about the program and provide progress reports from the

newly formed board committees. Invite your family, friends, care providers, and service coordinators to attend.



Marge Ulle and Jeff Dalhka, Board Directors, answered questions from families

*Like the new look of By Their Side?  
Help us by promoting the new logo.*

Shirts and Hats are on sale now.  
Shirts are \$12.00 and Hats are \$15.00.

Contact us at 410-876-1836 for more information, or email your request to [info@ByTheirSide.org](mailto:info@ByTheirSide.org).



*Save the date now to attend the Luncheon*

**NOVEMBER 7, 2009**

*Information will be mailed in September*



Lifelong Advocates for Marylanders  
with Developmental Disabilities

180 Kriders Church Road  
Westminster, MD 21158

[www.ByTheirSide.org](http://www.ByTheirSide.org)

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